

## **Volleyball SA – Indoor Volleyball Blood Policy**

The Volleyball SA Indoor Volleyball Blood Policy will be used for all Volleyball SA competition events.

Volleyball SA endorses the following SA Health blood-related resources: [Handling blood and other body substances | SA Health](#)

1. The policy will come into effect if any of the following items occur within a match.

- 1.1.1 a bleeding player; or
- 1.1.2 blood on the ball/s; or
- 1.1.3 blood on any equipment; or
- 1.1.4 blood on the court; or
- 1.1.5 blood on any clothing.

2. In the event of clause 1 coming into effect, the point is to be immediately cancelled, with the match suspended until the procedure outlined below is completed.

2.1 Upon completion of the procedure, the cancelled point is to be replayed.

### **3. Blood Cleaning Procedure**

3.1 The match is to be stopped immediately if clause 1 has come into effect, with the match 2<sup>nd</sup> referee to notify the Arena Coordinator or Referee Supervisor.

3.2 The Arena Coordinator will bring the supplied blood spill cleaning kit to the court.

3.3 The Arena Coordinator will check in with the affected player, to ensure an ambulance is not required

3.4 If no ambulance or immediate first aid is required, the team with the bleeding player will be responsible for any minor first aid to be given.

3.5 If ice is required for the bleeding player, the Arena Coordinator

3.6 Once the player has been checked for serious injury, The 1<sup>st</sup> referee in conjunction with the Arena Coordinator, referee Supervisor and duty team will complete the following checks and action the appropriate cleaning of equipment/playing surface as required.

3.6.1 Full check of the volleyball court, including the free zone area. Particular attention to be placed on the area the bleeding player was in with appropriate cleaning to occur if any evidence is found.

3.6.2 All volleyballs being used at the time of the incident are to be checked and appropriately cleaned if required

3.6.3 All volleyball equipment (net, pole protectors, flags) within the playing area are to be checked and appropriately cleaned if required

3.6.4 All players and their uniforms are to be checked for evidence of blood.

3.7 In the event that evidence of blood is found on a uniform, the following steps will occur (to be actioned in the order of preference outlined below).

3.7.1 If possible, the effected uniform is to be cleaned appropriately to remove the evidence of blood. If this is required, clause 4 will come into effect.

3.7.2 If possible, the effected player can change their affected uniform, but must remain in the matching team uniform. If this is required, clause 4 will come into effect

3.7.3 If the uniform change in 3.7.2 occurs with a result in the effected player having a change in playing number, this must be noted on the score sheet within the notes section. For the uniform change to occur, clause 4 will come into effect.

3.7.4 If possible, the team may change their uniform into their alternate strip (if available). The team will be allowed to leave the playing zone to do this in reasonable time.

3.8 In the event that clause 3.7 cannot appropriately be completed, the effected player will be unable to enter the game.

3.9 Once there is no blood present on court, un-effected players, or playing equipment, the match shall resume immediately, with a Blood Rule Substitution (clause 4) made if the effected player cannot take the court (clause 5).

#### **4. Blood Rule Substitution**

4.1 Once there is no blood present on court, players, or playing equipment, the match shall resume immediately, with a Blood Rule Substitution (clause 4) made if the effected player cannot take the court (clause 5).

4.2 If a player is bleeding, they may be substituted out for any player on the team list who is not already on the court.

4.3 If all legal substitutions have been used, an exceptional substitution will occur.

4.4 In the event that an exemptional substitution is made due to the blood rule, the effected player will be allowed to return to the match if

#### **5. Returning Player**

5.1 Returning Players (or anyone with blood on them) may return to court if they fulfil all of the following requirements:

5.11 They are not bleeding, and any open wound(s) has been dressed;

5.12 There are no traces of blood on their person or uniform;

5.13 They do not pose a risk to other fellow participants.